

#62 – PreK-2nd: God's Instructions; 3rd and up: The 10 Commandments*Find recorded lessons at – [MonteVista.org](http://MonteVista.org) / [VistaStream](http://VistaStream)**Also find our online worship services at the same site.*

Dear Families: I hope you are enjoying the stories of Moses. His story is particularly long. One of my favorite parts is from last week's stories where Moses is trying to get out of doing the job God wants him to do and keeps making excuses. And God just answers, "I will be with you. . . I will be with your mouth." God also provides a way to help Moses the job. God Bless!

**Bible Text:** Exodus 15:22-17:16; 18:1-27; 19:1-25; 20:1-17

(God sent the Israelites into the wilderness and tested them. They complained constantly. God had shown great power and delivered them from their slavery and they always forgot all the miracles God had Moses perform for them. One of their oft used phrases was, "Did you bring us out of Egypt to die of thirst. . .starvation. . .etc." God always provided what they needed, and they just seemed to forget all that God had done for them. God even saved them from an attack of the Amaleck army, and they still complained.)

(Moses is working very hard to take care of the many Israelites he led out of slavery. His father-in-law tells him he will never be able to keep up with all these demands. Jethro advises him to choose dependable, dependable people that fear God to help him. Moses listened and did what he said.)

(After 3 months from the Israelites deliverance of slavery Moses led them to Mount Sinai, where they camped. Moses went up the mountain where God spoke to him, "Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession. . ." Moses went down and told his helpers what God had said. They were to clean themselves and wash their clothes for a consecration ceremony. After they heard a long trumpet blast, they were to go to the foot of the mountain but were not to touch the mountain. Moses was told to consecrate (to declare sacred, to make holy, to dedicate to a higher purpose) God's people.) "On the morning of the 3<sup>rd</sup> day there was thunder and lightning, as well as a thick cloud on the mountain. A blast of a trumpet so loud that all the people who were in the camp trembled. . ." (Moses and Aaron went to the top of Mt. Sinai and all the remaining people had to wait.)

Then God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; 1) You shall have no other gods before Me. 2) You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. . .but showing steadfast love to the thousandth generation of those who love Me and keep My commandments. 3) You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses His name. 4) Remember the Sabbath day, and keep it holy. Six day days you shall labor and doo all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work. . .5) Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you. 6) You shall not murder. 7) You shall not commit adultery. 8) You shall not steal. 9) You shall not bear false witness against your neighbor. 10) You shall not covet your neighbor's house. . .wife, slave, ox, donkey, or anything that belongs to your neighbor.

Memory Verse/s:

**Give all your worries and cares to God,**

I Peter 5:7

**Give all you worries and cares to God,  
for God cares about you,**

I Peter 5:7

### Activities:

**PreK-2nd:** \*Stand up picture of Moses holding the 10 Commandment tablets \*Put together puzzle of the 10 Commandment tablets \*Connect the dots 10 Commandment tablets \*God Gave Moses His/Her Laws \*Games and Activities \*10 Commandment Road Signs

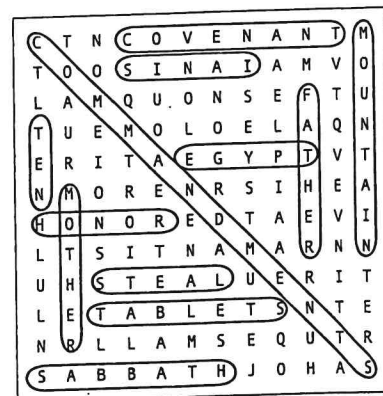
**3rd-5th:** \*10 Commandments Code page \*10 Commandments word find \*10 Commandments Crayon Rubbing (Could hand this on the refrigerator door on in your bedroom.) \*10 Commandment Doors (One the first page cut 3 sides of each door. Ask for help if you need it. You could color the numbers. Attach the door page to the second page with glue or tape or staples. Open each door to see what commandment is behind it.)



1. You shall have no other G O D before me. O B X \*
2. You shall not make or worship I D O L S. L X B > \*
3. You shall not misuse God's N A M E. V . A \*
4. Remember the S A B B A T H day by keeping it holy. \* . / . 8 \*
5. H O N O R your father and mother. 0 B V B +
6. You shall not M U R D E R. A \* + X \* +
7. You shall not commit A D U L T E R Y. . X \* > 8 \* +
8. You shall not S T E A L. \* 8 \* . >
9. You shall not give F A L S E testimony. \* . > \* \*
10. You shall not C O V E T. \ 8 > \* \*

H	A	S	B	U	W	M	C	O	V	E	T
S	F	A	T	H	E	R	N	A	B	Y	D
A	I	B	V	A	H	C	I	D	U	L	T
L	E	B	E	R	I	P	R	U	A	F	L
P	O	A	T	L	E	O	S	L	S	N	G
E	S	T	E	A	L	M	R	T	U	Q	O
W	E	H	L	L	S	T	O	A	C	M	D
K	R	T	E	K	L	A	P	R	E	E	S
I	D	O	L	S	N	O	S	Y	W	A	N
L	E	K	S	T	R	A	I	P	C	N	I
L	I	E	F	M	O	T	H	E	R	E	A

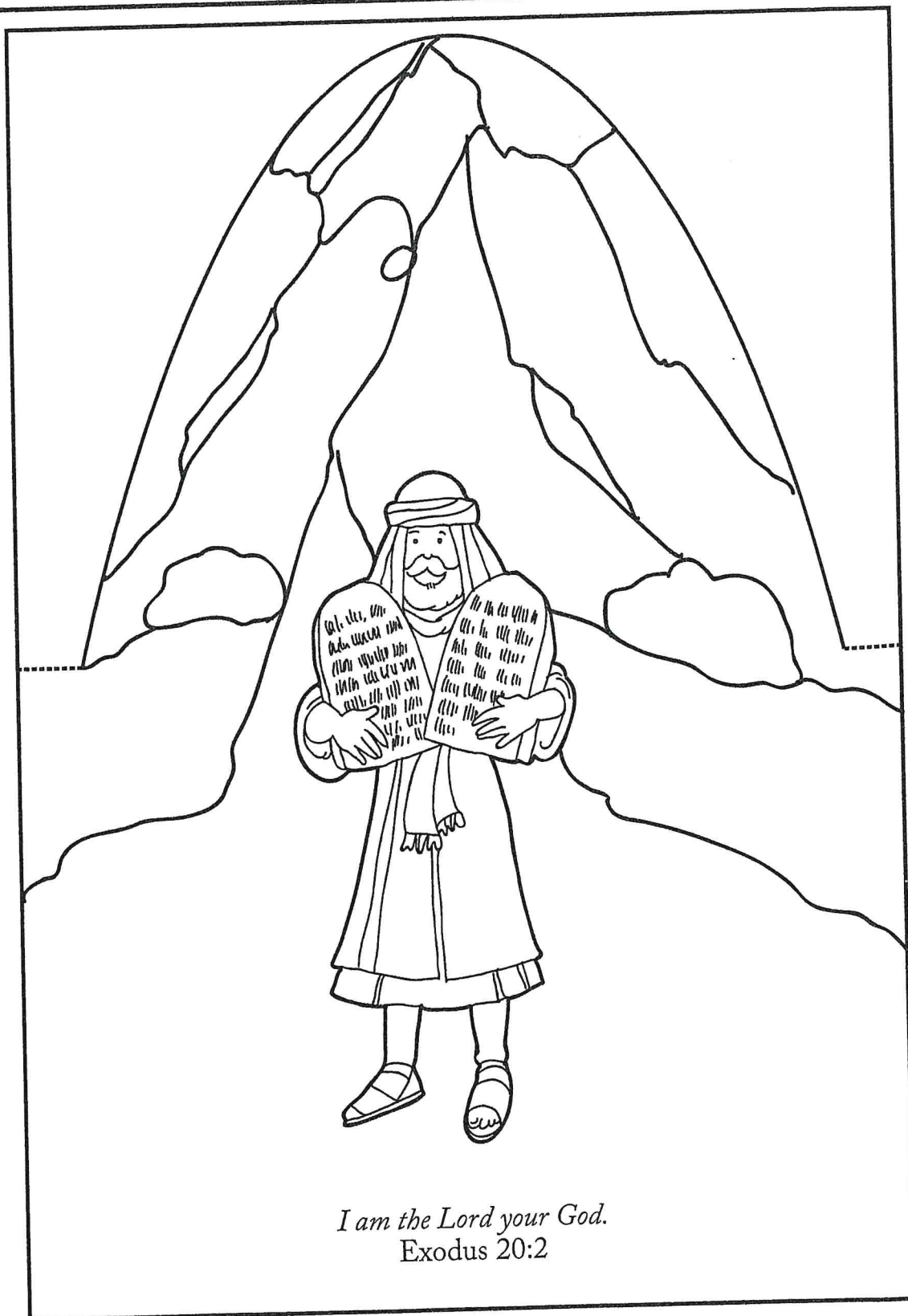
1. Do not have any gods before me.
2. Do not make idols for yourselves.
3. Do not take the name of the Lord in vain.
4. Remember to keep the Sabbath day holy.
5. Honor your father and mother.
6. Do not kill anyone.
7. Do not commit adultery.
8. Do not steal.
9. Do not lie.
10. Do not covet other people's things.



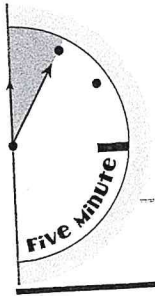
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ake a stand-up picture that shows Moses on the mountain with the rules from God.

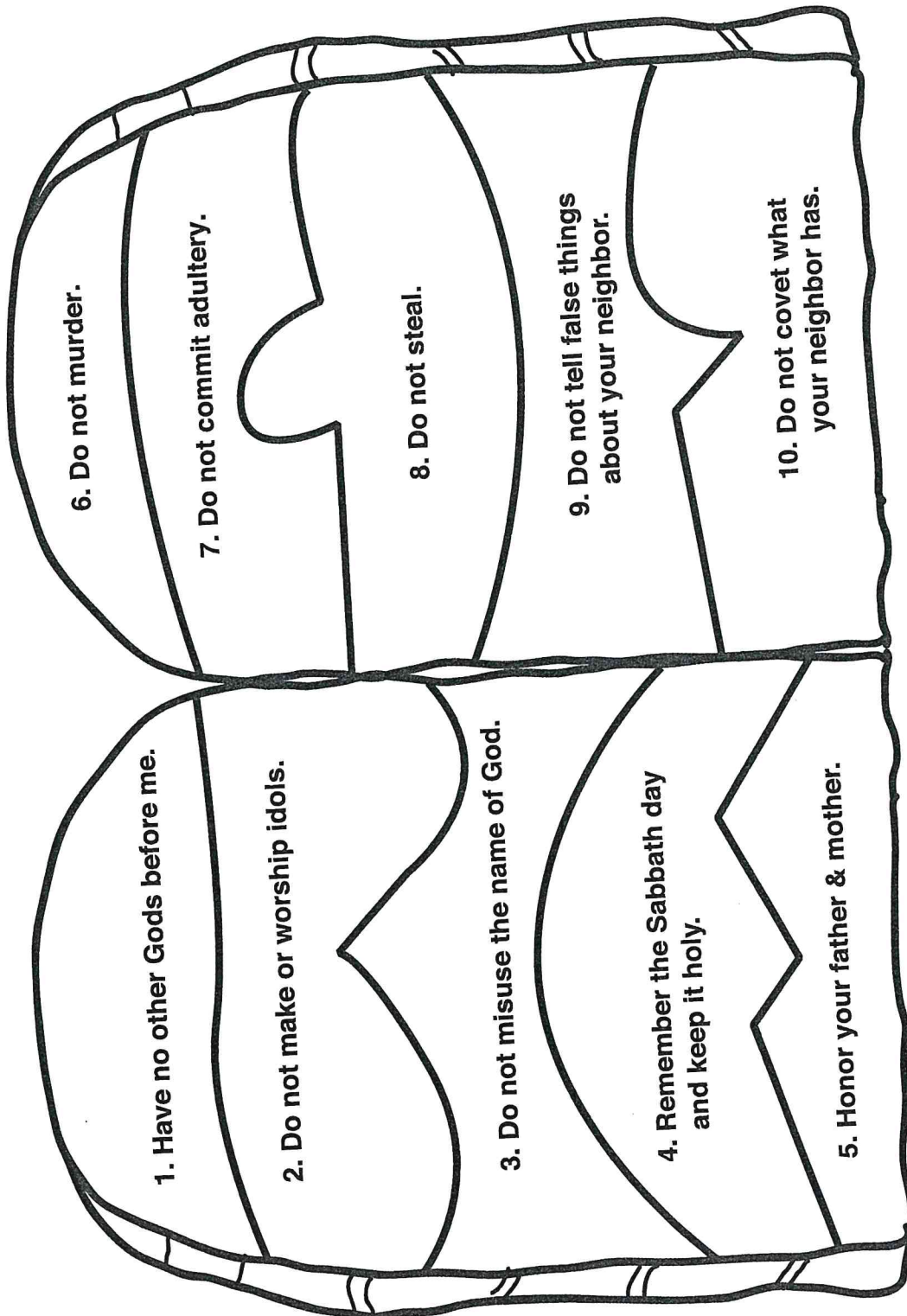
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*I am the Lord your God.*  
Exodus 20:2



**P**ut the puzzle together to help remember God's commandments.





# Moses Leads God's People

God's Awesome Power (based on Exodus 3:1-15; 7-11, 12:31; 14; 20)



## memory verse

God is awesome . . . Praise be to God! Psalm 68:35

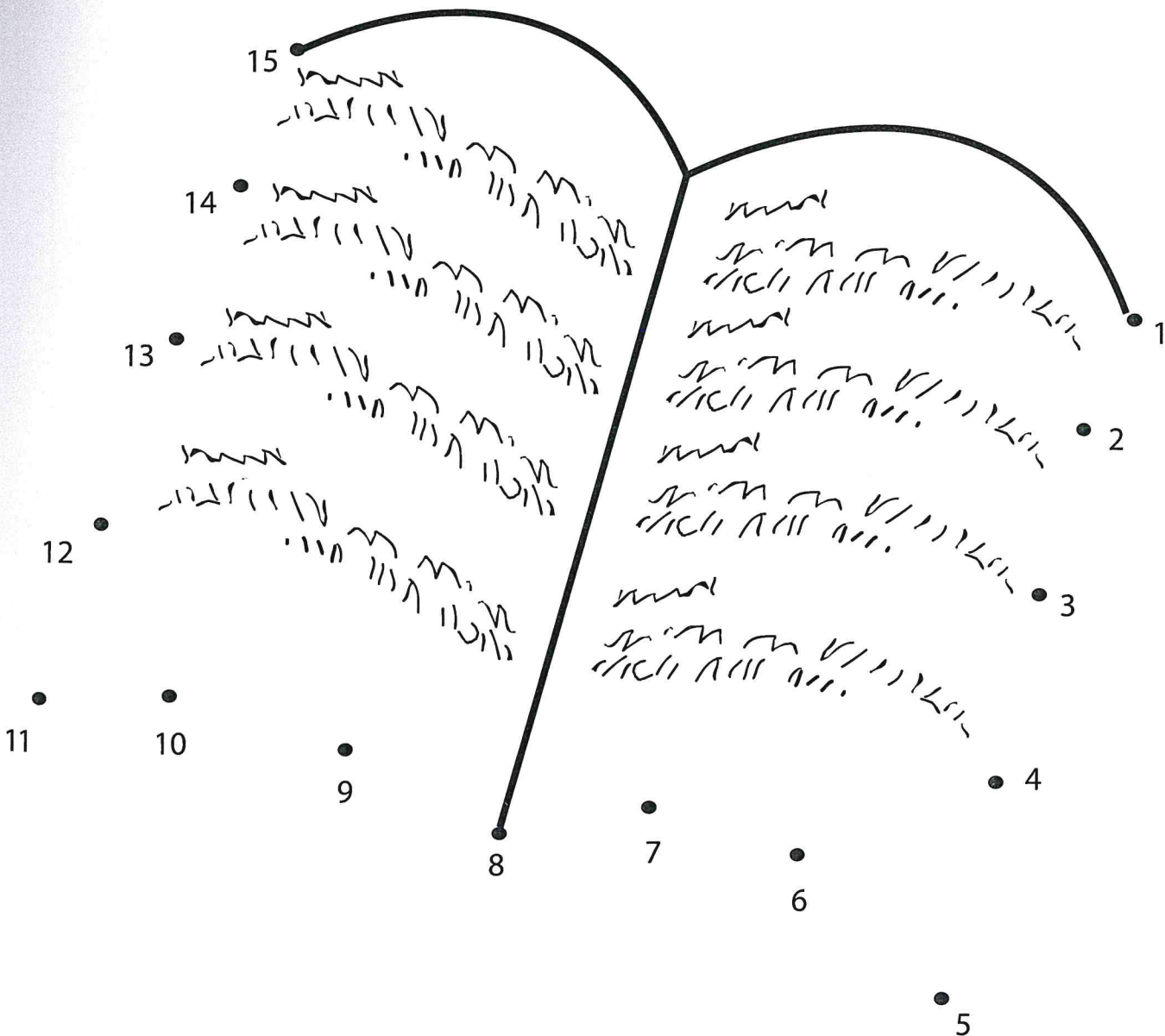


## discussion questions

1. What was burning at the beginning of our story?
2. Name one of the awesome things God did to help his people.

## Ten Rules to Obey

Connect the dots to see where we can read God's rules.



# God Gave Moses His Laws

## Word Search

Find the words on the list that are hidden in the puzzle. The words can be left to right, up and down, or diagonally.



C	T	N	C	O	V	E	N	A	N	T	M
T	O	O	S	I	N	A	I	A	M	V	O
L	A	M	Q	U	O	N	S	E	F	T	U
T	U	E	M	O	L	O	E	L	A	Q	N
E	R	I	T	A	E	G	Y	P	T	V	T
N	M	O	R	E	N	R	S	I	H	E	A
H	O	N	O	R	E	D	T	A	E	V	I
L	T	S	I	T	N	A	M	A	R	N	N
U	H	S	T	E	A	L	U	E	R	I	T
L	E	T	A	B	L	E	T	S	N	T	E
N	R	L	L	A	M	S	E	Q	U	T	R
S	A	B	B	A	T	H	J	O	H	A	S

COMMANDMENTS  
COVENANT  
EGYPT  
FATHER

HONOR  
MOTHER  
MOUNTAIN  
SABBATH

SINAI  
STEAL  
TABLETS  
TEN



# Games and Activities

## Safety Sign Hunt

Walk around your neighbourhood and spot any safety signs you may find.

For more fun take photos of the signs you find along the way. You will be surprised how many you will see once you start.



## Play with toy cars

Play with some cars. Talk to your child about road signs, rules and how they are there to keep everyone safe.

Remind them that God's rules are to keep us safe.

## Traffic light game

An easy game to play outdoor or at home. Children must respond to different colours.

Red - Stop

Orange - Walk around

Green - Run around

This is a fun way to teach colours and learn about rules.





# Ten commandments Road signs craft



What you need:

Sign template

10 Lollipop sticks

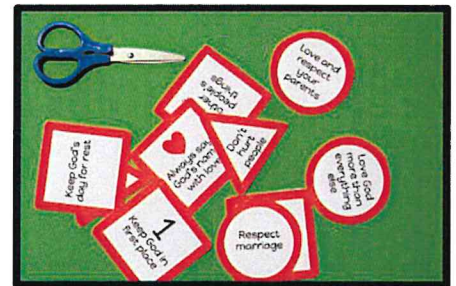
Glue

Scissors

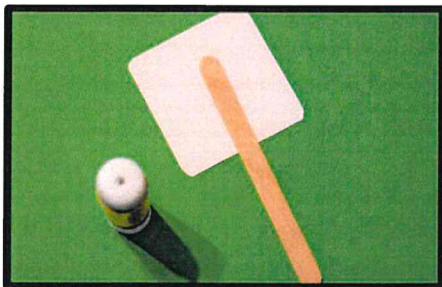
Play clay or air-dry  
clay



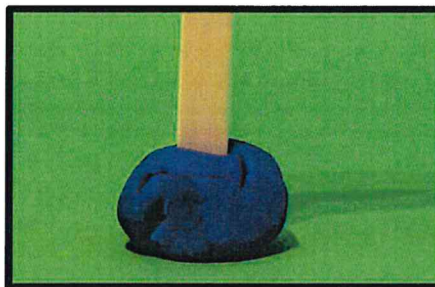
Print out template  
and collect  
materials.



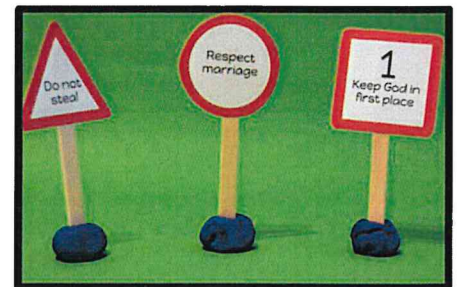
Cut out the signs.



Glue signs onto  
lollipop sticks. Make  
sure they are facing  
the correct way.



Make small balls of  
clay and push sticks  
inside



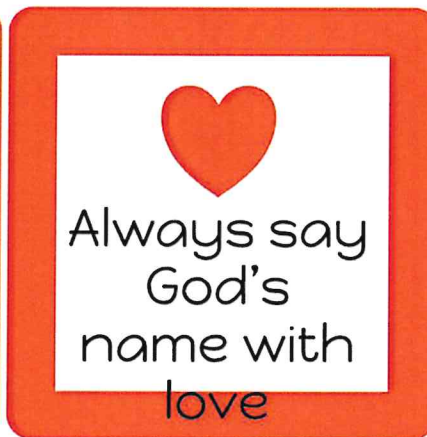
If using air-dry clay  
allow to dry.





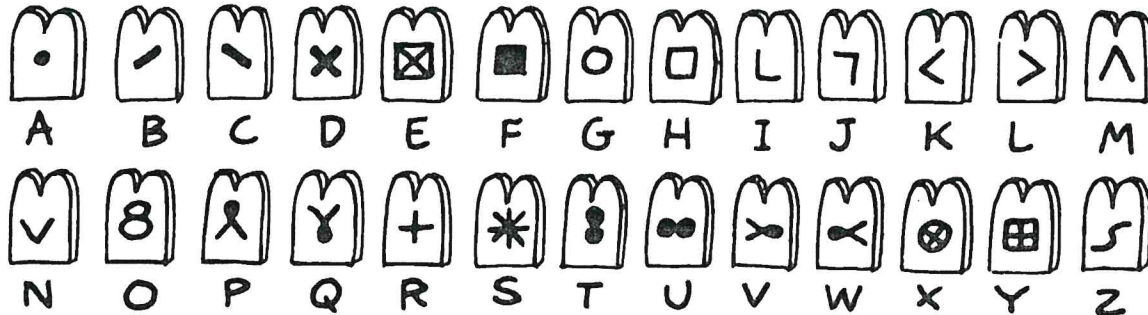
# Ten Commandments craft template

Print onto white card



# The Ten Commandments

Use the code to find the missing word in each of the Ten Commandments. Read about the Commandments in Exodus 20:1–17.



1. You shall have no other                      
before me. O 8 X \*
2. You shall not make or worship                           
L X 8 > \*
3. You shall not misuse God's                      
V . A ⊠
4. Remember the                               day by  
keeping it holy. \* . / / . : □
5.                          your father and mother.  
□ 8 V 8 +
6. You shall not                                
A : + X ⊠ +
7. You shall not commit                                     
. X : > : ⊠ + ⊠
8. You shall not                           
\* : ⊠ . >
9. You shall not give                          testimony.  
■ . > \* ⊠
10. You shall not                           
/ 8 X ⊠ :



# The Ten Commandments

Exodus 20: 1-17

How well do you know the Ten Commandments?

Fill in the blanks in the sentences below. Then search for those words in the box.

H	A	S	B	U	W	M	C	O	V	E	T
S	F	A	T	H	E	R	N	A	B	Y	D
A	I	B	V	A	H	C	I	D	U	L	T
L	E	B	E	R	I	P	R	U	A	F	L
P	O	A	T	L	E	O	S	L	S	N	G
E	S	T	E	A	L	M	R	T	U	Q	O
W	E	H	L	L	S	T	O	A	C	M	D
K	R	T	E	K	L	A	P	R	E	E	S
I	D	O	L	S	N	O	S	Y	W	A	N
L	E	K	S	T	R	A	I	P	C	N	I
L	I	E	F	M	O	T	H	E	R	E	A

1. Do not have any \_\_\_\_\_ before me.

9. Do not \_\_\_\_\_.

2. Do not make \_\_\_\_\_ for yourselves.

10. Do not \_\_\_\_\_ other people's things.

3. Do not take the name of the \_\_\_\_\_ in vain.

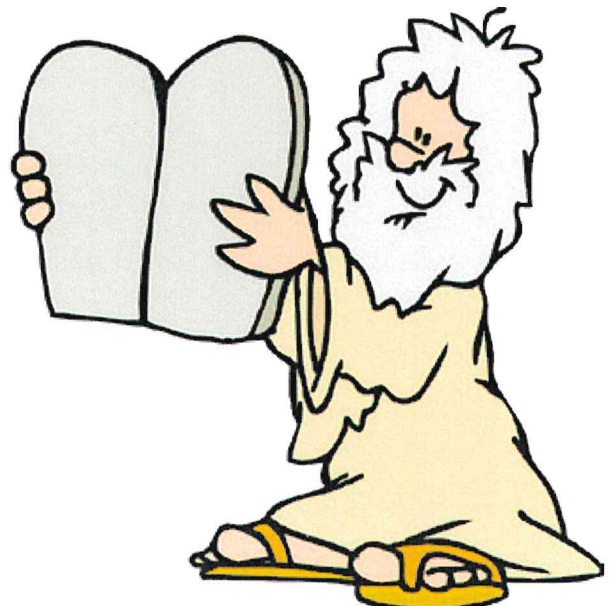
4. Remember to keep the \_\_\_\_\_ day holy.

5. Honor your \_\_\_\_\_ and \_\_\_\_\_.

6. Do not \_\_\_\_\_ anyone.

7. Do not commit \_\_\_\_\_.

8. Do not \_\_\_\_\_.



Love God more  
than everything else

Keep God in first  
place

Always say God's  
name with love

Keep God's day for  
rest

Love and respect  
your parents

Don't hurt  
people

Respect marriage

Do not steal

Always tell the truth

Don't be jealous of  
other people's  
things

Rub over a stone with a grey crayon to create a stone effect



# The Ten Commandments

1

6

2

7

3

8

4

9

5

10

Keep God in first place.

Respect marriage.

Always say God's name with love.

Do not steal.

Keep God's day for rest.

Always tell the truth.

Love God more than everything else.

Don't be jealous of other people's things.

Love and respect your parents.

Don't hurt people